

#### PHILOSOPHY OF THE ORGANIZATION REGARDING ALCOHOL

Pi Kappa Phi Fraternity is a values-based membership development organization that focuses on building brotherhood through character enhancement, leadership development, academic achievement, commitment to service, lifelong friendship and social experiences. The Fraternity believes that alcohol abuse prevents individual members from realizing their full potential as citizens and from exemplifying these characteristics of brotherhood.

While the moderate and legal consumption of alcohol does not constitute a problem in and of itself, the illegal use and abuse of alcoholic beverages is widely recognized as a major problem in our society. Seeking to be a responsible member of the higher education community, Pi Kappa Phi is highly concerned about alcohol abuse. Our Fraternity believes very strongly in the betterment of men through our chapters. Our organization upholds the following philosophy specifically related to alcohol.

- The Fraternity expects that our members follow state laws across the United States that have made consumption of alcohol illegal for people under 21 years of age.
- The Fraternity supports and enhances the mission of the institutions where we are present by applying student development theory.
- As a subset of the campus community, the Fraternity collaborates with the host institution to address the problem of alcohol misuse.
- The Fraternity works to address the negative behaviors associated with alcohol misuse and abuse, and not simply the location of those behaviors. As such, Pi Kappa Phi addresses these behaviors with a comprehensive educational approach.
- Through education, training and mature adult guidance, we provide the tools to help students make good choices, and to understand the consequences of their choices. The organization will hold chapters and individual chapter members accountable for their choices.
- The Fraternity expects personal responsibility from its members and accountability through local self-governance.
- The Fraternity follows a consistent and progressive discipline strategy with our chapters.
- We are concerned for the safety and well-being of our members.

## ONLINE BLOOD ALCOHOL CONTENT (BAC) RESOURCES

**B4UDrink Educator** | http://virtualbar.responsibility.org/virtualbar/

The B4UDrink Educator is an interactive program that educates the user about how alcohol consumption affects an individual's blood alcohol concentration (BAC) level. The program allows users to estimate their BAC level based on gender, weight, age, the type and number of drinks consumed and time elapsed at the Virtual Bar.

#### ALCOHOL EDUCATION WEBSITES

National Institute on Alcohol Abuse and Alcoholism (NIAAA) | http://www.niaaa.nih.gov

NIAAA: College Drinking, Changing Culture | http://www.collegedrinkingprevention.gov

U.S. Department of Health and Human Services and SAMHSA's National Clearinghouse for Alcohol and Drug Information | https://www.samhsa.gov/

The Century Council | www.centurycouncil.org

## **ALCOHOL ASSISTANCE RESOURCES**

# 1-800-662-HELP | http://findtreatment.samhsa.gov

Providing your geographical location over the phone or online will give you treatment options in your area. This helpline and website are maintained by The Substance Abuse & Mental Health Services Administration, a U.S. Dept. of Health & Human Services agency.

#### 1-800-ALCOHOL

The Alcohol Treatment Referral Hotline provides 24-hour help and referrals for people with concerns about alcohol or drug use.

# Campus Assistance Program (CAP) | 1-866-227-3834 // http://www.caplife.hmsanet.com

Pi Kappa Phi Fraternity partners with Campus Assistance Program to provide 13,000 behavioral health counselors across the country to serve the members of the Fraternity. This resource provides 24-hour-a-day access to behavioral health counseling via online and telephone sessions wherever and whenever they need one - near campus during the semester, at home during breaks and almost everywhere in between. In addition, the Campus Assistance Program also provides assistance with stress management techniques, legal counseling and forms, financial counseling and services, life balance resources and online tools and helpful information. Help for our members is just one call away.

## TO FIND SELF-HELP & SUPPORT GROUPS

# 212-870-3400 | www.aa.org

Alcoholics Anonymous (AA) is for people who want to stop drinking.

## 1-800-344-2666 | www.al-anon.org

Al-Anon can help you if you have a friend or relative with a drinking problem.

## 310-534-1815 | www.adultchildren.org

Adult Children of Alcoholics can help you if you have a parent with a drinking problem.