



BEHIND HAPPY FACES MODULES INSTRUCTIONS

Thank you for your interest in using the Behind Happy Faces mental health modules. Here are the steps and materials that you will need to complete this process.

Step One: Prepare

- Select a date and time to facilitate this conversation with the chapter. You should plan on 30 minutes for this. Holding it before or after a chapter meeting will probably work best.
- Make sure you are in a room where you have access to a projector, computer, sound, and internet. You will need to show the power point and be able to watch/hear videos.
- In addition to the A/V, you will also need the following supplies: blank sheet of paper to give to each of the small groups (chapter should be broken into groups of 8-10); one blank notecard per brother. Make sure all brothers bring something to write with.
- You can access the facilitator guides and PowerPoint by [clicking here](#).
- Review the facilitator guide ahead of time to make sure you are comfortable with the module and the videos. Contact Brooke Kingsley Isbell, Bisbell@pikapp.org if you have any questions or need any clarification.

Step Two: Facilitate Module

- Lead the chapter through the module, make note of the following to help this go successfully:
 - The videos are linked in the power point, they can be accessed by clicking on the video image. You may want to open them before you start to allow them to fully load.
 - You can use regular blank paper in place of the flip chart paper for the small group activities.
 - There are 5 modules that range from 15-20 minutes a module. You must do module 1 first. After that module you can do the modules in any order that makes sense for you and your chapter.

Step Three: Share Feedback

- The very last slide of the power point includes a short link to the feedback survey. Please have your chapter brothers pull out their phones/tablets/computers and complete the survey right when you finish the module.
 - Note that the url is case sensitive: bit.ly/PiKappBHF
- Please feel free to email any additional thoughts or feedback about your facilitation experience to Brooke at bisbell@pikapp.org.