Campus Assistance Program

## **SHORT-TERM COUNSELING**





## **FEATURES:**

- Have convenient telephone conversations with a licensed counselor.
- Establish your vision, set goals and create an action plan to address concerns.
- Engage in up to 3 sessions to help recalibrate, refresh, and progress with your goals.
- Your progress towards any goal – education, career, family, relationship, timemanagement – can be enhanced by working with a counselor.

The path to personal and professional success is not always clear.

You don't have to go it alone. Your Campus Assistance Program through Pi Kappa Phi Fraternity can help. A licensed counselor can provide support by guiding you through a thought-provoking, creative process of reflection and goal setting to maximize your potential and navigate life transitions.

TOLL-FREE: **866-227-3834** 

WEBSITE: caplife.hmsanet.com

USERNAME: pikappaphi PASSWORD: myresource

