HEALTH & SAFETY INITIATIVE:
SO WHAT CAN WE DRINK?
> OR < 15% ABV RESOURCE

The following is a list of alcoholic beverages that are commonly either greater or less than 15% ABV. However, please always check the label to ensure an item is at 15% ABV or lower.

COMMONLY BELOW 15% ABV:
- Beer (some craft beers are often above 15% ABV)
- Wine (most standard red or white wines)
- Champagne, Prosecco, Asti, Cava
- Malt Beverages (i.e. Bacardi Silver, Mike’s Hard Lemonade, Zima, Smirnoff Ice, etc.)
- Cider (i.e. Angry Orchard, Stella Artois, Woodchuck, etc.)
- Hard Seltzer (i.e. White Claw, Truly, Spiked Seltzer, Barefoot Spritzer, etc.)
- Pre-Mixed items (i.e. Bud Light Ritas, Skinny Girl Margarita, ELS Iced Coffee/Iced Chocolate, etc.)
- Liqueurs (i.e. some brands of triple sec, some Schnapps [Sour Apple, Buttershots, Island Punch, Crème de Cassis])
- Sake (low alcohol and normal versions at 5-15% ABV)

COMMONLY ABOVE 15% ABV:
Note that this is not an exhaustive list (percentages are averages)
- Some Sake (undiluted versions like Genshu) (16-20% ABV)
- Some Liqueurs (i.e. Bailey’s, Kahlua, Midori, etc) (17-20% ABV)
- Some Port, Sherry, and Dessert Wine (16-24% ABV)
- Brandy (40-45% ABV)
- Bourbon (51-79% ABV)
- Gin (37.5% ABV)
- Rum (37-57% ABV)
- Tequila (40-50% ABV)
- Vodka (35-50% ABV)
- Whiskey (40-53% ABV)
- Cognac (40% ABV)
- Grain Alcohol (75-95% ABV)

Note: Although Four Lokos often will have an ABV that is lower than 15% ABV, they also contain caffeine and when consumed at one time can have the effects of four shots of vodka. Please discuss with your organization/campus to determine if Four Lokos are a permitted alcoholic drink.

Thank you to Delta Upsilon Fraternity for the use and recreation of this resource.